

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:39:01 PM by Kathleen McCullough

Menu Cycle: K-Center March 2 to 6,2020  
 Week: 1  
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	620.63	
Total Fat (g)		14.56	21.11
Sat Fat (g)(1)	< 10.00 % of Calories	4.72	6.85
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		24.31	
Sodium Target 1 (mg) (13)	< 1,230.00	775.24	
Sodium Target 2 (mg) (13)	< 935.00	775.24	
Carb (g)		91.91	59.24
Total Fiber (g)		7.25	
Sugars (g)		21.98(M)	14.16
Added Sugars (g)		0.00(M)	
Protein (g)		26.22	16.90
Iron (mg)		5.87	
Calcium (mg)		662.57	
VitA (IU)		3,966.92(M)	
VitC (mg)		12.46(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		1.15(M)	
Mois (g)		76.06(M)	
Ash (g)		0.82(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	3.000	
Veg	>= 3.750	[4.250 - 4.500]	
Veg-DG	>= 0.500	1.500	
Veg-RO	>= 0.750	1.500	
Veg-BP	>= 0.500	0.750	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	2.000	
Grains	[8.000 - 9.000]	9.750(a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	9.750	100.00
Meat/MA	[8.000 - 10.000]	9.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:35:27 PM by Kathleen McCullough

Menu Cycle: Elementary March 9 to 13 2020  
 Week: 1  
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	685.76(M)	
Total Fat (g)		20.20(M)	26.52
Sat Fat (g)(1)	< 10.00 % of Calories	6.21(M)	8.15
Trans Fat (g)(2)		0.02(M)	
Chol (mg)		43.75(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	967.02(M)	
Sodium Target 2 (mg) (13)	< 935.00	967.02(M)	
Carb (g)		90.69(M)	52.90
Total Fiber (g)		11.75(M)	
Sugars (g)		22.11(M)	12.89
Added Sugars (g)		0.00(M)	
Protein (g)		31.74(M)	18.51
Iron (mg)		5.17(M)	
Calcium (mg)		638.01(M)	
VitA (IU)		11,910.16(M)	
VitC (mg)		73.67(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		68.63(M)	
Ash (g)		0.66(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 3.000]	
Veg	>= 3.750	[4.750 - 9.750]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	0.750	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	2.000	
Grains	[8.000 - 9.000]	[8.250 - 14.250](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	37.250	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 10.750](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Elementary March 9,2020 - Day: 1</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD CHEESEBURGER - LR100127 (1 ea.)	75	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	10	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Cheese Fries - LR100390 (4 1/2 oz.)	100	240.44	9.97	1.87	0.00	4.57	677.23	35.83	3.35	0.00	(M)	2.82	0.60	47.78	0.00(M)	6.03(M)	(M)	(M)	10.06(M)
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 10,2020 - Day: 2</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Hard Chicken Taco - LR100399 (1 ea.)	60	174.83	8.66	4.04	0.00	53.16	111.38	6.67	0.33	0.00	(M)	17.37	0.91	107.92	0.00	0.00	(M)	(M)	(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	15	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	20	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	40	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
black beans - LR100354 (1 c.)	30	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
<b>Category: Fruits; May Choose: 1</b>																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	75	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Condiments; May Choose: 1</b>																			
Pineapple salsa - LR100400 (1 1/2 oz.)	45	30.52	2.04	0.15	0.00(M)	0.00	4.38	2.67	0.36	1.88(M)	(M)	0.30	0.18	10.48	157.52	2.96	(M)	(M)	5.17(M)
<b>Elementary March 11,2020 - Day: 3</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
grilled panini - LR100385 (1 ea.)	30	413.74	26.34	10.84	0.09	45.31	594.33	24.86	2.74	1.83(M)	(M)	18.93	0.73	425.53	471.52	0.00	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	30	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	35	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	35	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
CEASAR SALAD - LR100151 (1/2 c.)	50	133.55	11.31	1.93	0.15(M)	1.18	232.33	6.73	2.29	1.13(M)	(M)	2.11	1.10	47.72	8261.26	3.79	(M)	(M)	89.41 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD DICED PEARS - LR100142 (1/2 c.)	50	45.24 (M)	0.10(M)	0.00(M)	0.00(M)	0.00(M)	1.56(M)	11.78 (M)	1.56(M)	(M)	(M)	0.30(M)	0.20(M)	7.02(M)	0.00(M)	1.95(M)	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 12,2020 - Day: 4</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
hot dog with cheese - LR100377 (1 ea.)	50	210.90	18.04	7.07	0.00	40.00	621.42	4.90	0.44	0.17	(M)	8.22	0.57	78.88	16.67	0.00	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	20	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	75	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 13,2020 - Day: 5</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
sausage patty chicken - LR100115 (2 patty)	50	200.00	12.00	3.00	0.00	80.00	500.00	2.00	0.00	0.00	(M)	22.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	35	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	10	705.66	11.92	2.29	0.00	18.33	630.10	105.61	33.68	0.92	(M)	43.76	12.78	896.88	46481.79	278.34	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:35:27 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WGR - LR100345 (4 ea.)	50	260.00	10.00	2.00	0.00	0.00	300.00	38.00	3.00	9.00	(M)	6.00	1.82	34.00	22.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
829531-Potato HB, Tator Tots 1 cup - AR1433 (1 c.)	50	280.00	14.00	3.00	0.00	0.00	540.00	32.00	4.00	0.00	(M)	4.00	0.72	40.00	200.00	2.40	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 1</b>																			
Juice Sorbet, Cherry/Blue Raspberry Swirl Frozen 4.4 fl oz, Luigi's, J&J Snack Foods, 48446, F - SR107097 (4 1/2 fl. oz.)	65	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:36:24 PM by Kathleen McCullough

Menu Cycle: Elementary March 16 to 20,2020  
 Week: 1  
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	561.00	
Total Fat (g)		16.43	26.36
Sat Fat (g)(1)	< 10.00 % of Calories	5.19	8.32
Trans Fat (g)(2)		0.28(M)	
Chol (mg)		47.66(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	848.99	
Sodium Target 2 (mg) (13)	< 935.00	848.99	
Carb (g)		72.56	51.74
Total Fiber (g)		20.02(M)	
Sugars (g)		27.74(M)	19.78
Added Sugars (g)		0.00(M)	
Protein (g)		27.11	19.33
Iron (mg)		3.26(M)	
Calcium (mg)		493.22(M)	
VitA (IU)		4,213.05(M)	
VitC (mg)		24.01(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		3.17(M)	
Mois (g)		130.63(M)	
Ash (g)		1.03(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	3.000	
Veg	>= 3.750	[4.500 - 9.875]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	0.750	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	1.750	
Veg-O	>= 0.500	1.125	
Grains	[8.000 - 9.000]	[9.000 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	37.000	100.00
Meat/MA	[8.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.



# Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
<b>Elementary March 16,2020 - Day: 1</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	70	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	(M)	28.13	2.85	51.45	5.00	0.00	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	0	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	75	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	40	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	40	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:36:24 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Category: Condiments; May Choose: 1</b>																			
chic filet sauce - LR100380 (1 Tbsp.)	70	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)
Pickles, Cucumber Dill or Kosher Dill, Veg-O - SR105246 (1/8 c.)	70	2.33	0.06	0.02	0.00	0.00	156.74	0.47	0.19	0.21	(M)	0.10	0.05	11.04	24.22	0.45	0.00	22.67	18.28
<b>Elementary March 17,2020 - Day: 2</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
hard shell taco beef - LR100382 (1 ea.)	75	220.04	14.54	6.65	1.33	49.48 (M)	150.28	7.73	0.50(M)	0.05(M)	(M)	13.58	0.42(M)	109.22 (M)	225.97 (M)	0.40(M)	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	5	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	15	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
black beans - LR100354 (1 c.)	35	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
<b>Category: Fruits; May Choose: 1</b>																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	80	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	30	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	30	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Condiments; May Choose: 1</b>																			
fresh salsa - LR100383 (1 oz.)	75	22.40	1.69	0.13	0.00(M)	0.00	1.55	1.46	0.36	0.49(M)	(M)	0.26	0.08	4.15	195.35	3.14	(M)	(M)	23.19 (M)
<b>Elementary March 18,2020 - Day: 3</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Chicken Caesar Salad - LR100029 (1 ea.)	30	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	40	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	(M)	16.99	1.08	399.76	749.56	0.00	(M)	(M)	(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825635-Lettuce, Salad Mix Romaine - AR1747 (1 c.)	100	10.67	0.00	0.00	0.00	0.00	6.67	2.00	0.67	0.00	(M)	0.67	0.24	19.33	999.99	6.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
ud diced peaches - LR100141 (1/2 c.)	100	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	(M)	0.61	0.26	5.86	368.99	3.50	(M)	(M)	85.87
<b>Category: Milk; May Choose: 1</b>																			
Strawberry nonfat milk - LR100016 (8 serving 8 )	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
Vanilla Milk, Non-Fat - SR109285 (1 Carton)	25	110.00	0.00	0.00	0.00	0.00	95.00	20.00	0.00	20.00	(M)	8.00	0.00	200.00	750.00	(M)	(M)	(M)	(M)
<b>Category: Condiments; May Choose: 1</b>																			
Ranch Dressing , Kraft, 04050027519200 - SR109725 (1 packet)	75	45.00	5.00	0.50	0.00	5.00	110.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ranch dressing pc - LR100062 (12 grams)	50	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	50	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)	(M)
<b>Elementary March 19,2020 - Day: 4</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
Sweet and Sour Chicken Nuggets with Egg Roll - LR100401 (1 ea.)	50	378.36	14.09	2.90	0.00	44.39	700.21	42.66	5.27	10.20 (M)	(M)	20.49	2.28(M)	25.37 (M)	126.83 (M)	0.00(M)	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	30	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	30	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Elementary March 20,2020 - Day: 5</b>	100																			
<b>Category: Entrees; May Choose: 1</b>																				
Chicken Caesar Salad - LR100029 (1 ea.)	15	176.00	7.30	2.46	0.00	35.00	745.00	12.90	81.00	0.00	(M)	16.40	3.11	161.40	3515.00	1.50	(M)	(M)	36.59	
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00	
UD Breakfast, Chicken Sausage, Tyson Foods, Inc., 17443-928, MMA - LR100208 (1 piece)	50	90.00	5.00	1.50	0.00	35.00	240.00	1.00	0.00	0.00	(M)	10.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	30	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)	
<b>Category: Grains; May Choose: 2</b>																				
Pancakes, Minis Maple, Eggo, Kellogg's, 3800092562, WGR - SR106101 (1 pouch)	50	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
<b>Category: Vegetables; May Choose: 1</b>																				
Tater Tots - LR100049 (1/2 Cup (8 oz))	75	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00	
<b>Category: Fruits; May Choose: 1</b>																				
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	75	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:37:32 PM by Kathleen McCullough

Menu Cycle: Elementary March 23 to 31, 2020  
 Week: 1  
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	625.40	
Total Fat (g)		13.25	19.07
Sat Fat (g)(1)	< 10.00 % of Calories	4.00	5.76
Trans Fat (g)(2)		0.05(M)	
Chol (mg)		30.54(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	895.37	
Sodium Target 2 (mg) (13)	< 935.00	895.37	
Carb (g)		95.98	61.39
Total Fiber (g)		10.42(M)	
Sugars (g)		25.47(M)	16.29
Added Sugars (g)		0.00(M)	
Protein (g)		28.36	18.14
Iron (mg)		4.82(M)	
Calcium (mg)		681.07(M)	
VitA (IU)		11,038.45(M)	
VitC (mg)		42.66(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		3.28(M)	
Mois (g)		151.28(M)	
Ash (g)		1.11(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.500	3.500	
Veg	>= 5.250	[6.000 - 10.250]	
Veg-DG	>= 0.500	2.250	
Veg-RO	>= 0.750	1.875	
Veg-BP	>= 0.500	1.875	
Veg-S	>= 0.500	2.750	
Veg-O	>= 0.500	3.500	
Grains	[11.000 - 12.500]	[14.750 - 18.000](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	47.750	100.00
Meat/MA	[11.000 - 14.000]	[12.750 - 15.500](a)	
MILK-F	>= 7.000	7.000	
Fruit-J	<= 50.000 % of	1.000	28.57
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
<b>Elementary March 23, 2020 - Day: 1</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	10	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD CHEESEBURGER - LR100127 (1 ea.)	75	331.56	15.28	7.01	0.01	45.48	695.14	27.62	3.67	3.87	(M)	19.48	2.94	134.24	108.69	0.00	(M)	(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	10	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Cheese Fries - LR100390 (4 1/2 oz.)	50	240.44	9.97	1.87	0.00	4.57	677.23	35.83	3.35	0.00	(M)	2.82	0.60	47.78	0.00(M)	6.03(M)	(M)	(M)	10.06 (M)
Green Beans - LR100036 (1/2 c.)	50	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	95	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 24, 2020 - Day: 2</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Yogurt,Dannon Light 'n Fit 6 oz Strawberry-Kiwi Yogurt, MMA - SR105920 (6 oz.)	100	90.27	0.00	0.00	(M)	7.48	127.84	16.49	0.00	(M)	(M)	7.48	0.00	225.59	752.25	3.74	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:37:32 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Wheat Soft Pretzel - LR100108 (1 ea.)	100	340.00	2.00	0.00	0.00	0.00	190.00	72.00	8.00	4.00	(M)	12.00	5.40	400.00	1000.00	0.00	(M)	(M)	0.00
<b>Category: Vegetables; May Choose: 1</b>																			
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz))	100	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)
<b>Category: Fruits; May Choose: 1</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 25, 2020 - Day: 3</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
ud turkey and cheese hoagie - LR100140 (1 sandwich)	100	282.52	6.94	2.78	0.00	30.38	737.28	36.04	5.00	3.00(M)	(M)	20.39	2.21	253.13	68.34	0.00	(M)	(M)	0.00(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Fresh Broccoli - LR100011 (1/2 c.)	100	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 1</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30



# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:37:32 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 26,2020 - Day: 4</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Pizza, Tony's SmartPizza, Whole Grain 4x6 Cheese Pizza 50/50, Frozen, Schwan's Food Service, Inc. 78673, MMA, WG, Veg-RO - SR101504 (1 piece)	15	310.00	11.00	4.00	0.00	15.00	480.00	35.00	4.00	8.00	(M)	16.00	0.47	3070.00	5450.00	0.00	(M)	(M)	(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	10	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD ORI ChixPop GenTso Broc WG 2.0 - LR100264 (1 8oz spoodl)	60	367.98	15.09	2.89	0.00	23.08	1094.81	39.93	4.91	1.78(M)	(M)	18.14	2.43	64.98	668.36	17.32	(M)	(M)	38.63 (M)
<b>Category: Grains; May Choose: 1</b>																			
Rice, Brown, Natural , Uncle Ben's, 1 oz, Mars Food, U12111, WGR - SR109858 (1 c.)	60	170.00	1.50	0.00	0.00	0.00	0.00	36.00	2.00	0.00	(M)	4.00	0.36	0.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
<b>Category: Fruits; May Choose: 1</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Elementary March 27,2020 - Day: 5</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
UD Beef Nacho Salad - LR100324 (1 ea.)	5	795.17	19.21	7.74	1.33	49.48 (M)	731.59	111.29	54.25 (M)	0.55	(M)	46.27	24.20 (M)	956.47 (M)	216568.38(M)	277.98 (M)	(M)	(M)	2350.33 (M)
UD Chicken and Waffles - LR100316 (1 ea.)	20	490.00	13.00	2.00	0.00	45.00	770.00	69.00	3.00	25.00	(M)	20.00	5.40	140.00	700.00	0.00	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	70	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Tater Tots - LR100049 (1/2 Cup (8 oz))	100	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 1</b>																			
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	95	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	(M)	0.00	0.36	60.00	3000.00	60.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Condiments; May Choose: 1</b>																			
Syrup, Pancake 1 oz, Gordon Food Service, 160090 - SR102503 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>Elementary March 30,2020 - Day: 6</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Elementary Upper Darby double - LR100384 (1 ea.)	20	401.64	17.47	6.39	0.01(M)	50.79	990.92	34.99	3.94	3.32(M)	(M)	24.78	3.29	201.59	45.00	0.00	(M)	(M)	0.00(M)
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	25	350.65	12.20	2.52	0.00	15.00	719.04	52.44	7.61	3.19	(M)	15.55	4.75	214.75	5503.61	4.34	(M)	(M)	62.75 (M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	25	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Green Beans - LR100036 (1/2 c.)	25	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
Potato, 3/8" Straight Cut Extra Long French Fries, McCain, MCX40, Veg-S - SR100928 (4 ounces)	75	157.21	4.37	0.00	0.00	0.00	34.93	24.45	1.74	1.73	(M)	1.74	0.63	0.00	0.00	6.29	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>Category: Condiments; May Choose: 1</b>																			
chic filet sauce - LR100380 (1 Tbsp.)	75	17.20	1.43	0.22	0.02	1.31	25.45	1.02	0.01	(M)	(M)	0.04	0.02	0.39	0.94	0.15	(M)	(M)	(M)
<b>Elementary March 31, 2020 - Day: 7</b>																			
<b>Category: Entrees; May Choose: 1</b>																			
Pre Made Sunbutter and Jelly - LR100351 (1 ea.)	5	510.00	15.00	2.00	0.00	0.00	300.00	33.00	4.00	11.00	(M)	6.00	5.00	27.00	0.00	0.00	(M)	(M)	0.00
Side Dish, Red Beans & Rice, #22, WG, Veg-BP - SR106294 (1 #10 scoop)	0	136.83	0.74	0.15	0.00(M)	0.00	803.12	26.20	3.78	0.49(M)	(M)	5.13	1.06	38.93	223.28	0.00	0.00(M)	11.48 (M)	105.28 (M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	20	350.65	12.20	2.52	0.00	15.00	719.04	52.44	7.61	3.19	(M)	15.55	4.75	214.75	5503.61	4.34	(M)	(M)	62.75 (M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	35	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	(M)	16.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	40	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	(M)	9.90	1.66	187.82	188.00	0.10	(M)	(M)	(M)
<b>Category: Grains; May Choose: 1</b>																			
Goldfish Crackers, Cheddar Colors, Campbells 04788 0.75 oz bag - SR109572 (1 Bag)	40	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	(M)	2.00	0.72	(M)	200.00	(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
black beans - LR100354 (1 c.)	50	93.58	0.67	0.14	0.00	0.78	72.38	16.12	5.63	(M)	(M)	5.77	1.56	73.31	3.91	0.78	(M)	(M)	55.08
<b>Category: Fruits; May Choose: 1</b>																			
Sorbet, 100% Frozen Juice, Cherry/Blue Raspberry Swirl, 4.4 fl. oz., Luigi's, 48446, F - SR108054 (1 serv.)	100	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	(M)	0.00	0.36	80.00	500.00	60.00	(M)	(M)	(M)
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>K-Center March 2, 2020 - Day: 1</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Sandwich, Veggie Burger on Bun, MMA, WG - SR103112 (1 ea.)	100	354.18	13.22	4.25	0.00	15.00	1012.09	36.42	7.97	2.49	(M)	26.42	2.52	285.70	200.00 (M)	0.00(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	100	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Green Beans - LR100036 (1/2 c.)	10	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>K-Center March 3, 2020 - Day: 2</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
UD Sandwich, Grilled Cheese, 2 oz MMA, 2 WG - LR100205 (1 sandwich)	75	436.08	23.89	11.79	0.00	50.63	1042.00	38.05	4.00	4.03	(M)	18.13	2.16	407.75	774.17 (M)	0.00(M)	(M)	(M)	(M)
<b>Category: Vegetables; May Choose: 1</b>																			
Fresh Broccoli - LR100011 (1/2 c.)	80	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 1</b>																			
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>K-Center March 4, 2020 - Day: 3</b>	100																		
<b>Category: Entrees; May Choose: 1</b>																			
Seeds, Sunflower, Lightly Salted, MMA - SR102540 (1 Ounce serv)	100	164.43	14.55	1.57	(M)	0.00	55.85	5.22	1.13	(M)	(M)	6.17	1.83	31.47	10.77	0.31	(M)	(M)	1.45
<b>Category: Grains; May Choose: 1</b>																			
Wheat Soft Pretzel - LR100108 (1 ea.)	100	340.00	2.00	0.00	0.00	0.00	190.00	72.00	8.00	4.00	(M)	12.00	5.40	400.00	1000.00	0.00	(M)	(M)	0.00
<b>Category: Vegetables; May Choose: 1</b>																			
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	50	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	(M)	0.45	0.63	22.68	9773.49	1.84	(M)	(M)	64.03
Beans, Three Bean Salad, Veg-BP - SR102698 (1 Cup (8 oz )	25	165.50	3.68	0.16	0.00(M)	0.00	269.92	26.35	7.08	0.30(M)	(M)	7.40	1.79	38.81	55.00	10.52	0.00(M)	22.98 (M)	13.27 (M)
Fresh Broccoli - LR100011 (1/2 c.)	25	11.00	0.00	0.01	0.00	0.00	11.00	2.12	0.83	0.00	(M)	0.90	0.23	15.00	198.50	28.40	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 1</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	100	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>K-Center March 5, 2020 - Day: 4</b>	100																			
<b>Category: Entrees; May Choose: 1</b>																				
Mozzarella Sticks, Tasty Brands, 41009, MMA, WG - SR109444 (5 sticks)	100	300.00	12.00	6.00	0.00	35.00	440.00	33.00	3.00	2.00	(M)	16.00	14.40	400.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Vegetables; May Choose: 1</b>																				
Green Beans - LR100036 (1/2 c.)	10	0.79	0.01	0.00	0.00	0.00	0.25	0.18	0.08	(M)	(M)	0.04	0.03	1.38	15.67	0.12	(M)	(M)	(M)	
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	0	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	(M)	2.11	0.39	2.48	164.55	2.89	0.00	192.66	63.69	
<b>Category: Fruits; May Choose: 1</b>																				
Ardmore Farms Apple Juice - LR100117 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>K-Center March 6, 2020 - Day: 5</b>	100																			
<b>Category: Entrees; May Choose: 1</b>																				
Yogurt, Vanilla Light & Fit, Dannon 110 Cal - SR109316 (255 g.)	100	110.00	0.00	0.00	0.00	5.00	115.00	20.00	0.00	13.00	(M)	7.00	0.00	250.00	750.00	0.00	(M)	(M)	(M)	
<b>Category: Grains; May Choose: 1</b>																				
UD Pancakes, Maple Burst'n Mini K-12 Hot Breakfast, Pillsbury, General Mills, 32259, WGR - LR100201 (1 package 1 )	100	330.00	6.00	1.00	0.00	0.00	150.00	41.00	3.00	14.00	(M)	4.00	0.72	40.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Vegetables; May Choose: 1</b>																				
Tater Tots - LR100049 (1/2 Cup (8 oz )	100	95.00	3.50	0.97	0.00	0.00	183.60	10.88	1.36	0.00	(M)	1.36	0.24	13.60	68.00	0.82	(M)	(M)	0.00	
<b>Category: Fruits; May Choose: 1</b>																				

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/25/2020 12:39:01 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	100	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	(M)	0.84	0.20	3.87	49.53	6.73	(M)	(M)	57.97
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	40	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	40	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	10	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	10	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68